

FORGE STRENGTH GYM

GET STRONGER IN EAST AUSTIN

EAST AUSTIN STRENGTH GYM

Coached small-group classes, personal training and open gym for adults new to lifting and athletes who want more. First week free.

- **Classes capped at 12**
- **Certified strength coaches (NSCA, CSCS)**



BOOK A FREE TRIAL

(512) 555-0174

forge-strength.sitepages.app

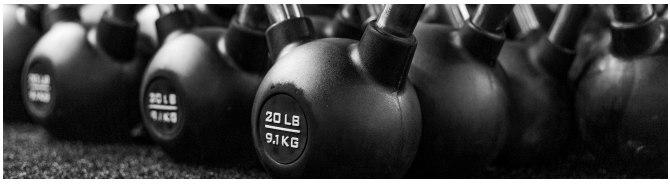
Mon–Fri 5am–9pm,
Sat–Sun 7am–2pm

MEMBERSHIP OPTIONS

FORGE STRENGTH GYM

FIND YOUR PLAN

Pick unlimited classes, open gym access, or personal training.



Unlimited Classes ..... **$179 a month**
For members who want every small-group class.

Open Gym ..... **$79 a month**
For lifters who train on their own.

Personal Training **$320**
For focused one-on-one coaching.

HOW IT WORKS

1. **Book your trial**
   Claim your first week free, no commitment.
2. **Meet your coach**
   Start with the beginner on-ramp or jump into open gym.
3. **Train and progress**
   Join small-group classes, PT sessions, or open gym on your schedule.

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- tyler@forgestrength.com
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