

WHY KAIZEN

WHY FAMILIES CHOOSE KAIZEN

Built on a clear path, real coaching and one place to train.

A clear path forward
A belt curriculum with written grading criteria, so every student knows exactly what comes next.

Coached by black belts
Every class, kids and adults, is led by a black belt instructor.

One academy, three arts
Train kids karate, Brazilian jiu-jitsu or Muay Thai in the same East Austin space.



KAIZEN MARTIAL ARTS ACADEMY

READY TO TRAIN?

STEP ONTO THE MAT

Years of experience or none at all — there's a class for you in East Austin.

BOOK A TOUR

(512) 555-0142

kevin@kaizenaustin.com

1801 E 6th St, Austin, TX 78702

Mon–Fri 4pm–9pm, Sat 9am–1pm

kaizen-martial-arts-academy-eopkw.sitepages.app

KAIZEN MARTIAL ARTS ACADEMY

KIDS KARATE, BJJ AND MUAY THAI IN EAST AUSTIN

Black belt coaches teach kids karate, Brazilian jiu-jitsu and Muay Thai on one mat in East Austin.



BOOK A TOUR

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TRAIN WITH US

FIND YOUR FIRST CLASS

Kids karate, Brazilian jiu-jitsu and Muay Thai, taught by black belt coaches who build a clear belt curriculum so every student knows what comes next.



OUR CLASSES

THREE WAYS TO TRAIN

Pick one class or train across all three — the timetable shows every day and time.

Kids karate
Discipline, focus and self-defense, taught against a written belt curriculum.

Brazilian jiu-jitsu
Ground technique and live rolling, from white belt to blue and beyond.

Muay Thai
Pad work, clinch and conditioning, coached by a black belt instructor.



GETTING STARTED

THREE STEPS TO YOUR FIRST CLASS

See the memberships, join online in a few minutes, then book your tour.

1. **Choose a membership**
   Compare the kids program, adult unlimited and family memberships online.
2. **Join online**
   Sign up in a few minutes from your phone or computer.
3. **Book your first class**
   Pick a day on the timetable and step on the mat.

Book a tour

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