

EAST AUSTIN STRENGTH GYM

Coached small-group classes, personal training and open gym for adults new to lifting and athletes who want more. First week free.

- Classes capped at 12
- Certified strength coaches (NSCA, CSCS)

Book a free trial (512) 555-0174 forge-strength.sitepages.app

MEMBERSHIP OPTIONS

FORGE STRENGTH GYM

FIND YOUR PLAN

Pick unlimited classes, open gym access, or personal training.







Unlimited Classes ..... **$179 a month**
For members who want every small-group class.

Open Gym ..... **$79 a month**
For lifters who train on their own.

Personal Training **$320**
For focused one-on-one coaching.

HOW IT WORKS

1
Book your trial
Claim your first week free, no commitment.

2
Meet your coach
Start with the beginner on-ramp or jump into open gym.

3
Train and progress
Join small-group classes, PT sessions, or open gym on your schedule.

BOOK A FREE TRIAL

(512) 555-0174

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Mon–Fri 5am–9pm, Sat–Sun 7am–2pm