

WHY FORGE

TRAIN WITH CONFIDENCE

Small classes, certified coaches, and a free first week to see if Forge fits.

First week free
Try Forge for a full week before you commit to a plan.

Classes capped at 12
Small groups mean real coaching, not a crowd.

Certified strength coaches
Every coach holds NSCA CSCS certification.



FORGE STRENGTH GYM

EAST AUSTIN STRENGTH GYM

YOUR FIRST WEEK IS FREE

Coached classes, personal training and open gym, all in East Austin. Start this week.

BOOK A FREE TRIAL

(512) 555-0174

tyler@forgestrength.com

East Cesar Chavez Street, Austin, TX

Mon–Fri 5am–9pm, Sat–Sun 7am–2pm

forge-strength.sitepages.app

FORGE STRENGTH GYM

GET STRONGER IN EAST AUSTIN

EAST AUSTIN STRENGTH GYM

Coached small-group classes, personal training and open gym for adults new to lifting and athletes who want more. First week free.



BOOK A FREE TRIAL

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OUR STORY

WHY WE BUILT THIS GYM

East Austin lifters deserve more than a crowded floor and a stranger's playlist. We capped classes at 12, hired coaches who hold their NSCA-CSCS, and built a gym where beginners and athletes train side by side.



MEMBERSHIP OPTIONS

FIND YOUR PLAN

Pick unlimited classes, open gym access, or personal training.

Unlimited Classes ..... **$179 a month**
For members who want every small-group class.

Open Gym ..... **$79 a month**
For lifters who train on their own.

Personal Training **$320**
For focused one-on-one coaching.



HOW IT WORKS

START LIFTING THIS WEEK

Three steps from first call to your first lift.

1. **Book your trial**
   Claim your first week free, no commitment.

2. **Meet your coach**
   Start with the beginner on-ramp or jump into open gym.

3. **Train and progress**
   Join small-group classes, PT sessions, or open gym on your schedule.

Book a free trial
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